

STORYTELLING IN PRACTICE: ON & OFF THE MAT + VINYASA TEACHER TRAINING OPTION WITH JULIE PETERS



OCTOBER 4TH-6TH, 2013

Join us at The North Cascades Environmental Learning Center, located 3 hours from Seattle or Vancouver (1.5 hours from Bellingham) in the North Cascades National Park.

Cost: \$480

Pricing includes: Welcome Reception, All Meals from Friday Dinner to Sunday Lunch, 2 Nights Double Occupancy Lodging, Guided Nature Hike, 4-7 Sessions with Julie (yoga, writing, evening discussion). Massage/Energy Work Available for additional fee

Pre-registration required.

Lodging/Food Only Option Available for Guests of Registered Participants

Vinyasa Teacher Certificate Training: + \$100

(24h CE, Yoga Alliance qualified)



WHOLE HEALTH STUDIO

visit www.mayawholehealth.com for more information