

HEALER, HEALTHY SELF RETREAT

*Exploring the Mind & Body from an Archetypal Psychology
and Five Element perspective, utilizing Sound Healing,
Anusara yoga principles and essential oils.*



September 27-29, 2013

**North Cascades Environmental Learning Center
Diablo Lake, North Cascades National Park**

Professional Presenters:

Michael Bogar, MA Psychology • Bridget Boylan, PT LAC;
Susan D'Onofrio, BA, Yoga Instructor • Elvy Schmoker, Artist
Kim Laney, LMP SHEN Physio-Emotional Therapy

Seminar Cost: \$475 (\$425 if paid by July 31st)

**For more information, phone Bridget at 425-876-2255
Fax: 360-734-4148 • Email: bbptacup@yahoo.com**