

SOMEWHAT ANNOTATED BIBLIOGRAPHY

RELATED TO INDIGENOUS HISTORY AND ARCHEOLOGY OF THE UPPER SKAGIT AREA

R. Mierendorf

Beckey, Fred

- 2003 **Range of Glaciers**. Oregon Historical Society Press, Portland.
A history book about the non-Native discovery and exploration of the northern Cascades.

Collins, June M.

- 1974 **Valley of the Spirits**. University of Washington Press, Seattle.
Available at some local bookstores; this is the only ethnography about the settlement, subsistence, and spiritual life of the Upper Skagit people.

Diamond, Jared

- 1999 **Guns, Germs, and Steel**. W. W. Norton & Co., New York.
A popular and insightful examination of the influence of climate and geography on world history.

Eaton, S. Boyd, Marjorie Shostak, and Melvin Konnor

- 1989 **The Paleolithic Prescription**. Harper & Row, New York (paperback).
An excellent comparison between contemporary American dietary and exercise habits and those of our earlier, Paleolithic relatives.

Gunther, Erna

- 1973 **Ethnobotany of Western Washington**. (Revised Edition), University of Washington Press, Seattle. *Available at libraries and occasionally at bookstores; an early and classic treatment of Western Washington Indian use of native plants, by tribal groupings.*

Kirk, Ruth and Richard Daugherty

- 2007 **Archaeology in Washington**. University of Washington Press, Seattle.
The only non-technical overview covering the important archeological discoveries within the state, by an outstanding natural history writer.

Lopez, Barry (Editor)

- 2006 **Home Ground**. Trinity University Press, San Antonio.
Subtitled "Language for an American Landscape", most of the book consists of descriptions, both scientific and lyrical, of landscape and waterscape forms in nature, written by natural history authors; Bob's favorite book right now.

Louv, Richard.

- 2005 **Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder**. Algonquin Books, Chapel Hill, North Carolina.
Powerful and compelling statement about the human need for contact with nature.

Majors, Harry M. (editor)

- 1980 **The First Crossing of the North Cascades**. Northwest Discovery 1(3):128-163.
An annotated version of Ross' historic crossing of the North Cascades, July-August 1814; this journal is only available in large libraries.

Mierendorf, Robert R.

- 1991 **An Archaeologist's View**. In Manning Park Memories: Reflections of the Past, Ministry of Lands and Parks, Province of British Columbia.
An archeologist's personal view of the discovery and exploration of the archeology of the North Cascades in the vicinity of Manning Park; very limited distribution.

- 1996 Who Walks on the Ground. In **Impressions of the North Cascades**, edited by John C. Miles. The Mountaineers, Seattle.

A professional but non-technical approach to the human experience in the North Cascades, from a 10,000 year-long perspective.

National Geographic

- 1990 **Prehistoric Indians in the North Cascades**. Vol. 177, No. 3 ("Geographica" section).
A brief note describing progress and results of the archeological program in North Cascades National Park over the previous six years.

Pielou, E. C.

- 1991 **After the Ice Age**. University of Chicago Press, Chicago.
A fairly comprehensive review of the changing climates and ecosystems of North America during and after the last ice age; as non-technical treatment as there is of this fascinating and technical subject.

Pitzer, Paul C.

- 1978 **Building the Skagit**. Lake Grove Printing Company, Lake Oswego, Oregon.
Subtitled "A Century of Upper Skagit Valley History, 1870-1970", the book tells the story of Skagit River hydroelectric development.



ROSS LAKE AT SUNRISE PHOTOGRAPHED BY JOHN SCURLOCK

Sampson, Chief Martin J.

- 1972 *Indians of Skagit County*. Skagit County Historical Series No. 2, Skagit County Historical Society, Mt. Vernon. *An authoritative account, from a Native American perspective, of the history of the tribes of Skagit County, beginning with the Point Elliott Treaty of 1855.*

Stewart, Hilary

- 1994 *Indian Fishing: Early Methods on the Northwest Coast*. Douglas & MacIntyre, Vancouver, British Columbia.

- 1996 *Stone, Bone, Antler, & Shell: Artifacts of the Northwest Coast*.

An excellent, non-technical explanation of the great variety of Native American tools, their manufacture, and function; a great reference and teaching aid.

Stewart, Hilary and Bill Reid

- 1995 *Cedar: Tree of Life to the Northwest Coast Indians*. University of Washington Press, Seattle.

Suiter, John

- 2002 *Poets on the Peaks*. Counterpoint, Washington, D.C.

Outstanding book about fire lookouts, poets, Buddhism, the North Cascades, wilderness, Ross Lake's role in all of this, and more.

Tabor, Rowland and Ralph Haugerud

- 1999 *Geology of the North Cascades*. The Mountaineers, Seattle. *[A wonderfully readable, non-technical book about North Cascades geology by authors who "wrote the book on the subject"].*

Thomas, Edward Harper

- 1970 *Chinook: A History and Dictionary*. Binford & Mort, Portland, Oregon. *[This small book is both the most authoritative and accessible treatment of the Northwest Coast trade language spoken by Indian and non-Indian people of the last century].*

Turner, Nancy J.

- 1995 *Food Plants of Coastal First Peoples*. (Royal British Columbia Museum Handbook) University of British Columbia, Victoria.

- 1997 *Food Plants of Interior First Peoples*. (Royal British Columbia Museum Handbook). University of British Columbia, Victoria.

- 1999 *Plant Technology of First Peoples in British Columbia*. (Royal British Columbia Museum Handbook). University of British Columbia, Victoria.